



2026 CONTENT PLAN

SACRED 6 PLAN

YEAR-END QUESTIONS

- 1.What would I change about the year?
- 2.How do I work less and make more?
- 3.How do I do more things that give me energy?

SYSTEMS

- To-do list
- Note System
- Calendar
- Journal
- CRM

REVIEW

- Mission: annually
- Values: bi-annually
 - Goals: quarterly
 - Projects: monthly
 - (or when completed)

JANUARY

QUARTER ONE

DO!

TOPIC

Purpose
Passion
Mission
Values

Goals (Sacred 6)
New Years Resolutions

FEBRUARY

QUARTER ONE

CHECK/ACT!

TOPIC

Motivation
Stop Procrastination
Will Power
Focus/Concentration
Take Action

MARCH

QUARTER ONE

DO!

TOPIC

Learning
Self Understanding
Strengths/Weaknesses
Self Control
Self Esteem

APRIL

QUARTER TWO

DO!

TOPIC

Finance
Money
The System
Prosperity
Consciousness

MAY

QUARTER TWO

CHECK/ACT!

TOPIC

Relationships
Families
Parenting
Dealing with difficult people

JUNE

QUARTER TWO

DO!

TOPIC

Intelligent Life Design
Career
Entrepreneurship
Freedom

JULY

QUARTER THREE QUICK CHECK/ACT!

TOPIC

Creativity
Self Expression
Communication
Listening/Public
Speaking/Presenting

AUGUST

QUARTER THREE

DO!

TOPIC

Confidence
Assertiveness
Optimism
Positivity
Happiness
Validation

SEPTEMBER

QUARTER THREE

DO!

TOPIC

Health
Fitness
Well Being

OCTOBER

QUARTER FOUR CHECK/ACT!

TOPIC

Spirituality
Metaphysics
Esoteric Truth

NOVEMBER

QUARTER FOUR

DO!

TOPIC

Gratitude
Leadership
Accountability

DECEMBER

QUARTER FOUR

PLAN!

TOPIC

New Year Organization
Efficiency
Commitment
Focus Management
Technology